

## Rules – Kindergarten Grade Teacher Guide

**Teaching Objective: Students Learn:** I can make rules.

### Getting Started in Kindergarten

- Define “rule” in developmentally appropriate terms such as:
  - A rule is a statement that tells you what is or is not allowed.
  
- Choose and read aloud one or more trade book recommendations from the following list. Choose those that are developmentally appropriate to kindergarten. Recognize that teachers in grades 1 and 2 will be using these same books and videos in subsequent years to build upon what you teach in kindergarten.
  - Back to School Rules by Laurie B. Friedman (Grades K-3)
  - Delilah D. at the Library by Jeanne Willis (Grades P-2)
  - Don’t Push the Button by Bill Cotter (Grades P-2)
  - Froggy Plays 7-Ball by Jonathan London (Grades K-3)
  - Know and Follow Rules by Cheri J. Meiners (Grades P-3)
  - Library Lion by Michelle Knudsen (Grades P-2)
  - Pinkalicious by Victoria Kann (Grades P-3)
  - Thanksgiving Rules by Laurie Friedman (Grades P-3)
  - The Loch Mess Monster by Helen Lester (Grades P-2)
  - This Moose Belongs to Me by Oliver Jeffers (Grades P-3)

### Teacher Tips and Recommended Activities:

Use videos and songs to lead further discussion about rules.

**Student Activity Sheet:** When the lesson is complete, ask the students look at the picture to see all the kinds of rules the class has. Ask them to think about another rule that they might like to add to the list.

**Parent Guide-** Duplicate the parent participation page on card stock and send home with each student.

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## “I Can” Statement: “I can play by the rules.

**Discussion:** Have a class discussion about rules, why we have them, and why they are important.

### Video/ Songs:

- “Classroom Rules” <https://youtu.be/ddvTFgzkS5M>
- “Mr. Hiner’s Classroom Rules” <https://youtu.be/aVqSEaPXdkw>
- “When the Bell Rings, Freeze!” <https://youtu.be/-bZsnRIY9Sc>
- “I Can Follow the Rules” <https://youtu.be/iQxK-Ah7has>

### Activities:

- **Play “There Are Rules? A Fun Back to School Game”**
  - Do not tell the class why you are doing this activity. Just tell them you are going to put them into groups to play a dice game. Hand each group some dice and tell them to start playing.
  - The students are going to wait for you to tell them how to play but you just keep telling them to start playing. Hopefully some groups will start playing, making up rules, and directions as they go. The groups will be confused and not know what to do because they don’t know the rules.
  - Next, give them rules to play by and let them play the dice game.
  - After the activity have a class discussion on how it felt to play the game without rules and then to play with rules. They will see how important rules are.
  - After the discussion, younger students can work together to create rules for a dice game and older students can work together to do it with their group. Then the class can play their new dice game or older students can teach others their new dice game.
  - <https://www.teacherspayteachers.com/Product/Back-To-School-Rules-Game-277495?aref=qh26lto8> (FREE Download)
- **Recess Rules!** - Discuss the importance of rules at recess. Have students make a list of rules they should follow on the playground and explain why the rules are important.
- **Play by the Rules!** - Choose a game for the class to play such as Duck, Duck, Goose or Freeze Tag. Pull a student aside as the game starts. Tell this student to cheat, without the other students knowing. After the game ask the students how they felt when the student cheated. Discuss why everyone should play by the rules. Then read, the book, *Say Cheese*, by Marc Brown. It discusses a character cheating in a bicycle race to win and how fair play is important.
- **Good job!** - Praise students if you “spot” them playing by the rules. Use Core-Life “Ask me about Rules” stickers, other stickers, brag tags, or certificates if possible.



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## Questions to ask students:

- What does it mean to play fair?
- Why should you play by the rules?
- Why is it important to have rules when playing a game?
- What happens when someone doesn't play by the rules?

## Required Resources/ Items to Prep

- Printable from "There Are Rules? A Fun Back to School Game" FREE download on Teacher Pay Teachers or use drawing paper
- Dice
- Markers/crayons/pencils
- Poster to write playground rules on to display
- Say Cheese by Marc Brown
- Stickers/brag tags/certificates



## To the Parent or Guardian:

### Rules



Consider rules that are necessary within a family. For example, no hitting or swearing might be rules your family follows. Brainstorm a list of rules that keep your family safe and connected to one another. Be sure to think about safety rules, such as hold a hand when crossing a street. Also think about screen rules, such as no television until homework is complete. Work together to create a chart to hang somewhere everyone will see them, such as the fridge. Remember, adults and children may have different rules, but it is important to follow the rules set. This models the behavior you wish to see.

**Ask your child** to share what he/ she has learned about community rules and encourage him/ her to teach your family. Ask the definition of community and discuss how this applies in the home too. Let your child guide your discussion. Have your family pick something to try.



**Complete and return this half of the card to school.** Please answer the following question(s) and return only this half of the card to the school. Your teacher may collect all of your answer cards and return to your family at the end of the school year.

What is one rule that keeps your family safe?

What is one rule that helps your family connect better with one another?

What is your favorite game to play together?

# I can play by the rules.



Would recess be fun IF no one followed the rules?	Yes	No	FUN FOR ALL – Rules to follow
Cut in line to get what they wanted			
Stay on the swing too long so no one else can take a turn			
Push others out of the way			
Made fun of others			